

SCIG Cross Country Skiing

Sunday,January 18<sup>th</sup>:La Cure-La Genolière-La Givrine.

We will ski from La Cure up to La Givrine and then to La Genolière, where we can have lunch(fondue,croûte au fromage,soupe).7 km,355m up,268m down.

We could then either go to La Givrine via La Tourbière("descente cool",+4 km) or down to St Cergue,if conditions are suitable.+8km.

Another option is to go to Le Vermeilley for lunch(+4km there and back).

When signing up,please say which you prefer,as I need to book La Genolière,which is very small.

Medium difficulty,not really suitable for complete beginners.

Train:

Gare Cornavin dp 9.08

Nyon arr. 9.24

dp. 9.29

La Cure arr. 10.20

Return either from La Givrine or St Cergue:

Dp La Givrine every hour at .55, journey time to Geneva 1h15.

Dp St Cergue at .07 and .37, journey time 1h05.

Please buy your own tickets.

To bring:ski equipment(no rentals available),warm clothes,suncream,drink etc.

Cost:SCIG Members CHF 5.-,non-members CHF 15.-

Leader:Veronica Martin-Celder

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