

INTERNATIONAL SKI CLUB OF GENEVA

Nordic Ski and Snowshoeing Sections

VALLÉE DE CONCHES NORDIC SKI WEEKEND

SATURDAY 24 TO SUNDAY 25 JANUARY

2026

The sunny Upper Valais high valley with its quaint villages is known in winter as an attractive cross-country skiing paradise with over 100 kilometers of excellently prepared trails.

We will be staying in the village of Ulrichen. Ulrichen is about 5km from the start of the Rottenloipe, a 19km ski trail that runs from Oberwald to Niederwald, passing through the picturesque high valley of Obergoms and along the young Rhône. The trail is lined with thick forests and snowy white peaks. It is possible to ski both classical and skating.

There are more than 100km of x-country ski trails in the Goms valley and located in Ulrichen is the Nordic Snow Sports Centre (Nordisches Schneesportzentrum). At the sports center is an area for beginners to take lessons and practice their skills.

It is expected that most participants will ski some or all of the Rottenloipe. It is possible to take the train from several villages along the trail, so participants do not have to ski the whole length of 19 km. And of course, it is possible to ski more than 19 km by skiing back to Ulrichen. The Rottenloipe is for intermediate and experienced skiers. Beginners can arrange for lessons (<https://www.goms.ch/en>), or the leader will provide information on less difficult trails close to the Nordic Center. We will ski Saturday from approximately 11:30 and all-day Sunday until approximately 16:00. **The group is limited to 12 people.**



If there is a problem with snow conditions for X country skiing, we will substitute snowshoeing or winter hiking. There are extensive trails for both in the area.

<https://www.valais.ch/en/touren/ski-and-snowboard/cross-country-skiing/rottenloipe-obergoms>

The leader has made a reservation at the Hotel Nufenen. <https://www.hotel-nufenen.ch> for two suites, one sleeping 4 people and one sleeping 6 people at a cost of 142.50 chf per person, including breakfast. Participants who wish to have a single room should make their own reservations at a hotel where available, in Ulrichen or Oberwald. Individuals who wish to sign up for a place in the reserved rooms must pay the 142.50 chf to the leader by **3 January 2026**.

The leader and her assistant are staying at the Hotel Astoria. Unfortunately, there were no other available rooms at the Astoria at the time of booking hence the reservation at the Hotel Nufenen. The Hotel Astoria is a few meters from the Hotel Nufenen.

Inscription: By email to Caroline Truesdell (ctruesdell@hotmail.com) by 3 January 2026. It is strongly recommended that you sign up early as places generally go quickly. If you are making your own hotel reservations, club members must pay the club tax of 10chf and non-members must pay 30chf when registering. Please pay by TWINT to +41 79 290 5068. If you do not have TWINT, bank details will be provided.

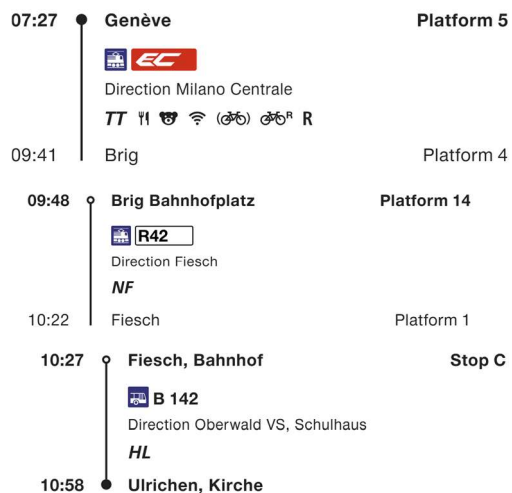
I need to know:

- 1) Your first and last name
- 2) An email address at which you can be reached on the weekend
- 3) Your mobile number
- 4) Your X country experience.
- 5) Are you a SCIG member?

To Bring: X country ski equipment, (ski rental is possible. However, if you need to rent, it is strongly recommended that you do so in Geneva as the group will not wait while you take time to rent equipment.), sunglasses, sun cream, picnic and drinks for Saturday. For Sunday lunch the group can decide if they want to have lunch in a restaurant or picnic.

Price: Participants must purchase their own train tickets and ski passes, Genève Cornavin – Ulrichen. The price with ½ tarif card is CHF 43.60. Ski club tax: Members 10 CHF. Non-Members 30 CHF. Ski passes are 16 chf for one day and 30 chf for a 2 day pass.

Rendezvous: Gare Cornavin, platform 5 for 7:27 train to Milano Centrale. The leader will meet the group at the bus stop “Ulrichen. Kirche”, scheduled arrival time 10:58.



Leader: Caroline Truesdell ctruesdell@hotmail.com +41 79 290 5068

Assistant: Janice Cook Robbins

- By registering, you agree that you are fit for this level of skiing.
- By registering, you confirm that you carry insurance against accidents and mountain rescue, in particular helicopter rescue operations. (See REGA: <https://www.rega.ch/en/home.aspx>) Check with your employer to see if you are properly insured. *The outing Leader and SCIG disclaim any and all liability for accidents related to this activity.*