

Parcours des Vuipeys

SUN. 12 JANUARY – MOYEN – FRIBOURG



This is a bucolic route at the foot of the Teysachaux, framed by the Dent de Lys. The route passes through forest and continues through pastures, past huts and isolated groups of fir trees to a high point at around 1520 metres. From here you can see the the Buvette le Vuipay with a magnificent view of the entire region and the Dent du Lys.

Inscription: By email, until Saturday 11 January 18:00 hrs to ctruesdell@hotmail.com

I need to know:

- **Your full name**
- **Are you a SCIG member?**
- **Have you done any comparable outings recently?**
- **Have you used snowshoes?**
- **An email address you read on the weekend.**

Rendezvous: at Cornavin platform 4 for a **08:54 departure** for train direction Luzern. Change trains in Palézieux and change for a bus in Châtel-St-Denis for Les Paccots, Les Rosalys. Caroline will meet the group in Châtel-St. Denis for the bus 492 departing at 10:23.

To bring: hiking boots, **snowshoes**, collapsible hiking pole(s), picnic, snack, water, hat, warm clothes, sunscreen and sunglasses. **Buy your train ticket individually in advance:** Geneva to Les Paccots, Les Rosalys CHF 19.70 with demi tarrif. We will aim to return on the 16:15 bus from Les Paccots, Les Rosalys. This will get participants to Geneva at 18:05.

Price: CHF 5 club tax (CHF 15 for non-members)

Maximum participation: 12 persons

Maximum altitude: 1,520 m

Elevation gain/ loss: ±500 m

Distance: 9 km

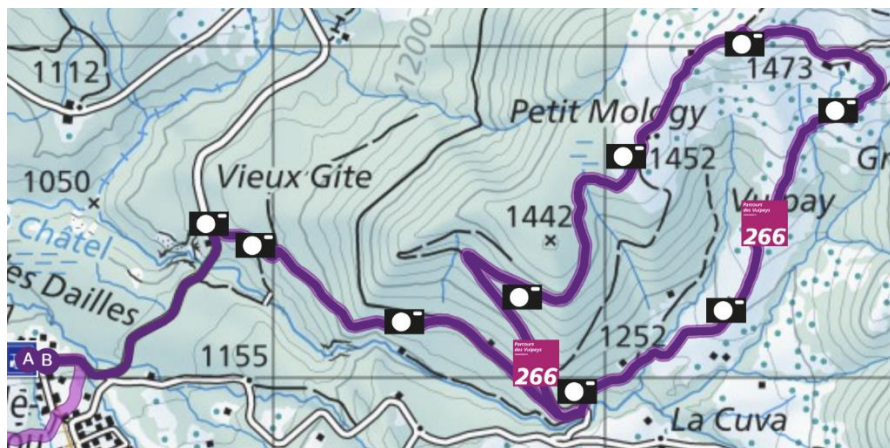
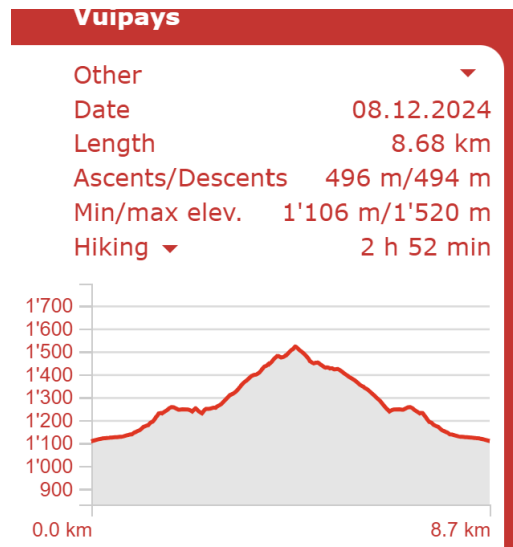
Walking time: About 4 hours

Transport: train, bus

Leader: Caroline Truesdell 079 290 5068,

email: ctruesdell@hotmail.com

In case of snow/rain: Caroline will send an email with a decision in the afternoon the day before the hike.



- By registering, you agree that you are fit for this level of hike and/or that you have previously participated in a moyen hike with SCIG.
- By registering, you confirm that you carry insurance against accidents and mountain rescue, in particular helicopter rescue operations. (See REGA: <https://www.rega.ch/en/home.aspx>) Check with your employer to see if you are properly insured. The Hike Leader and SCIG disclaim any and all liability for accidents related to this hike.