



International Ski Club of Geneva, Summer Section
Sunday 18th of May 2025
Le Niremont
(Fribourg Prealps)

Itinerary: We will take the train to Semsales (866 m), and walk through fields and forests upwards. We will make a little stop at the Chapel Notre Dame du Niremont (1193 m), as it is so nicely positioned on a small crest. Then we will go further up, and see the distant Jura. Finally, we will get to the broad and rounded summit of Niremont (1514 m). The view towards the nearby mountains, especially Moléson and Teysachaux, is impressive. We will descend by taking another route, passing through some marshy land with nice flowers, towards La Goille au Cerf (1382 m) and then, closing the loop, back to Semsales.

Walking time and difficulty: about 4 hours of hiking; elevation gain & loss \pm 670 m; 12 km; no technical difficulties; level: MEDIUM

Equipment: hiking boots, backpack, hiking poles (optional), picnic and snacks, drinks, sunscreen, sunglasses, hat, clothes protecting you from rain and cold.

Rendezvous: track 4 (check!) of the Geneva train station, zone F-G; board the last-but-one car of the 07:51 train (direction Luzern). Françoise will board this train in Nyon.

Transport: train

Geneva	dep.	07:51	>	Palézieux	arr.	08:52
Palézieux	dep.	09:09	>	Semsales	arr.	09:25

Probable return time: Semsales dep. 15:33 > Geneva arr. 17:05

Costs: Fee for club members: CHF 5, fee for non-members: CHF 15, plus the train tickets (to be bought individually by the participant).

Train tickets to be bought individually (before the rendezvous):

Return (aller-retour) ticket Geneva > Semsales: full price: CHF 72; with abo demi-tarif: CHF 36

Sign up: By email only, to fsamuel@bluewin.ch. Please let me know what kind of hikes you recently did. And please tell me your mobile phone number for possible last minute changes.

Confirmation or cancelation: if the weather is very bad, the outing will be cancelled. The day before the outing, I will send an email to those who signed up, to confirm or cancel.

Nota bene: The hike leader is not a professional guide. By registering, you agree that you are fit for this level of hike and that you carry insurance against accidents and mountain rescue (e.g., REGA). The hike leader and SCIG disclaim any and all liability for accidents related to this hike.

Leader: Françoise SAMUEL (phone: 079 603 34 93)