

INTERNATIONAL SKI CLUB OF GENEVA

Nordic Ski and Snowshoeing Sections

VALLÉE DE CONCHES NORDIC SKI WEEKEND

SATURDAY 01 TO SUNDAY 02 FEBRUARY

2025

The sunny Upper Valais high valley with its quaint villages is known in winter as an attractive cross-country skiing paradise with over 100 kilometers of excellently prepared trails.

We will be staying in the village of Oberwald. Oberwald lies at the start of the Rottenloipe, an 19km ski trail that runs from Oberwald to Niederwald, passing through the picturesque high valley of Obergoms and along the young Rhône. The trail is lined with thick forests and snowy white peaks. It is possible to ski both classical and skating.

There are more than 100km of x-country ski trails in the Goms valley and in Ulrichen, a village a few kilometers from Oberwald, is the Nordic Snow Sports Centre (Nordisches Schneesportzentrum). At the sports center is an area for beginners to take lessons and practice their skills.

It is expected that most participants will ski some or all of the Rottenloipe. It is possible to take the train from several villages along the trail, so participants do not have to ski the whole length of 19 km. And of course, it is possible to ski more than 19 km by skiing back to Oberwald. The Rottenloipe is for intermediate and experienced skiers. Beginners can arrange for lessons (<https://www.goms.ch/en>), or the leader will provide information on less difficult trails close to the Nordic Center. **The group is limited to 12 people.**

If there is a problem with snow conditions for X country skiing, we will substitute snowshoeing or winter hiking. There are extensive trails for both in the area.

<https://www.valais.ch/en/touren/ski-and-snowboard/cross-country-skiing/rottenloipe-obergoms>



The leader has made a reservation at the Hotel Alpenhof. <https://alpenhof-oberwald.ch/> for 5 twin rooms at a cost of 118.80 chf per person sharing, including breakfast. Participants who wish to have a single room should make their own reservations at the Hotel Alpenhof or another hotel of their choice in the area. For participants who wish to share a twin room, please indicate if you have a partner to share with or wish the leader to assign rooms when signing up for the weekend. Individuals who wish to sign up for a place in a twin room already reserved must pay the 118.80 chf to the leader by **20 January 2025**.

Inscription: By email to Caroline Truesdell (ctruesdell@hotmail.com) by 20 January 2025. It is strongly recommended that you sign-up early as places generally go quickly. If you are making your own hotel reservations, club members must pay the club tax of 10chf and non-members must pay 30chf when registering. Please pay by TWINT to +41 79 290 5068. If you do not have TWINT, bank details will be provided.

I need to know:

- 1) Your first and last name
- 2) An email address at which you can be reached on the weekend
- 3) Your mobile number
- 4) Your X country experience.
- 5) Are you a SCIG member?

To Bring: X country ski equipment, (Ski rental is possible. However, if you need to rent, it is strongly recommended that you do so in Geneva as the group will not wait while you take time to rent equipment.), sunglasses, sun cream, picnic and drinks for Saturday. For Sunday lunch the group can decide if they want to have lunch in a restaurant or picnic.

Price: Participants must purchase their own train tickets and ski passes. Genève Cornavin – Oberwald– Genève Cornavin. The price with ½ tarif card is CHF 88.80. Ski club tax: Members 10 CHF. Non-Members 30 CHF. Ski passes are 16 chf for one day and 30 chf for 2 day pass.

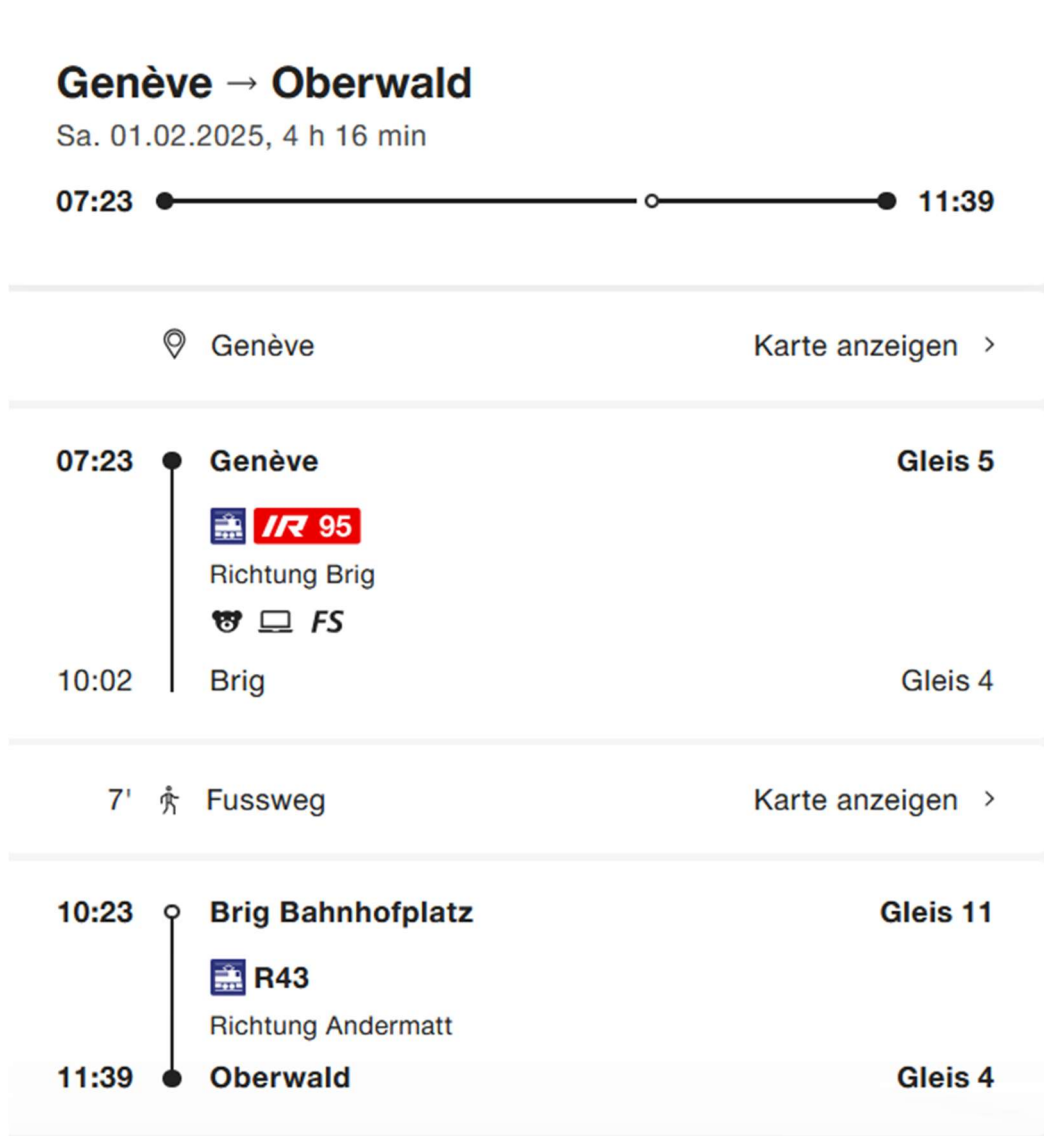
Rendezvous: Gare Cornavin, platform 5 for 7 :23 train to Brig, see timetable below.

Return: Trains depart Oberwald at 12 mins (by train) and 41 mins (by bus) past the hour

Leader: Caroline Truesdell ctruesdell@hotmail.com +41 79 290 5068

Assistant: Janice Cook Robbins

- By registering, you agree that you are fit for this level of skiing.
- By registering, you confirm that you carry insurance against accidents and mountain rescue, in particular helicopter rescue operations. (See REGA: <https://www.rega.ch/en/home.aspx>) Check with your employer to see if you are properly insured. *The outing Leader and SCIG disclaim any and all liability for accidents related to this activity.*



NOTE: All timetables need to be checked shortly before the weekend.