



Ski Club International de Genève, Summer section
Sunday 12th of May & Sunday 26th of May 2024

Map reading, compass use, orientation apps **THEORETICAL & PRACTICAL COURSE**

Preliminary remarks

- Participants must commit to **both courses**, which complement each other.
- The cost for both courses together is **CHF 50**; this amount is due in advance.
(There is a supplementary fee of CHF 20 for non-members)
- If someone withdraws, he/she will **not** be reimbursed.
- The registration deadline is **Friday, May 3rd**.
- If there are not enough people registered, you will be refunded (min 3, max 7 people).
- The course on May 12th will take place whatever the weather.
- If the weather forecast is too bad, the May 26th class will be postponed to **June 1st**.
- The course will be given in English.

Sunday 12th of May

Rendezvous and transport: Track 4 of the Geneva station, zone F-G; board the last-but-one car.
I will meet you in Nyon when you step out of this train.

Geneva	dep.	08:59
Nyon CFF	arr.	09:13
Nyon NStCM	dep.	09:22
Genolier	arr.	09:36

Activities :

Hike from Genolier to St-Cergue: To put yourself into context, we will start with two hours of hiking (altitude gain +520 m; 5 km). This will allow a first contact with the map and the compass.
Once we arrive in St-Cergue (at my place), around 11:45, I will give a 3-hour theoretical – but very interactive – lesson on map reading, use of the compass, and orientation apps (with a 30-minute break in order to eat). We will end around 15:15. Return train at 15:30 => Geneva at 16:31, or downhill hike to Genolier, and then return train.

Equipment:

For hiking: hiking boots, clothing suitable for the weather, drink, mini-snack.

For the lesson: **compass** (as shown in the photo, see the next page; if you are completely reluctant to buy a compass, make sure you have a well working compass on your phone; however mechanical compasses work better), **a pen and something to write on**. Download on your phone the **Swisstopo app** and **SuisseMobile/SwitzerlandMobility app** (both free). The paying version of SuisseMobile/SwitzerlandMobility (CHF 35 /year) is even more useful.

Meal: picnic, or there is the possibility to buy a sandwich at the St-Cergue bakery.

Train tickets to be bought individually:

Ticket Geneva – Genolier (full price: CHF 14.80; with abo demi-tarif: CHF 7.40)

For the return, it depends on whether you decide to hike down to Genolier!

Ticket St-Cergue – Geneva (full price: CHF 21.20; with abo demi-tarif: CHF 10.60)



Compasses you will find
at Migros SportXX

Sunday 26th of May

Activity: This outing will be an occasion for map reading and compass use training, and occasional use of the apps. Participants will receive a topographic map and a list of questions concerning the map, the surrounding landscape, orientation, and about how to reach the next spot. We will stop frequently in order to answer those questions together. We will start the hike at La Cure and end at La Givrine, or in St-Cergue.

Length of the hike and difficulty: about 3½ h of hiking (overall time of the outing: about 5½ h); elevation gain and loss +320 m/ -440 m; 14 km (if we go till St-Cergue); no technical difficulties.

Equipment: compass (as shown in the photo; or a well working compass on your phone), writing materials, all the usual equipment: walking shoes, picnic, drinks, sunscreen, sunglasses, hat, protection against rain and cold (do not take poles, because they will make it tricky to use the compass during the exercises).

Rendezvous and transport: Track 4 of the Geneva station, zone F-G; board the last-but-one car. I will meet you in Nyon when you step out of this train. We will start with the exercises on the train up.
Geneva dep. 08:59
Nyon CFF arr. 09:13
Nyon NStCM dep. 09:22
La Cure arr. 10:12
Possible return time: La Givrine dep. 15:48; Geneva arr. 17:01

Train tickets to be bought individually (before the rendezvous):

Ticket Geneva – La Cure (full price: CHF 25.40; with abo demi-tarif: CHF 12.70)

Ticket La Givrine – Geneva (full price: CHF 23.00; with abo demi-tarif: CHF 11.50)

General information for both courses

Costs: the inscription fee for both courses (CHF 50; or CHF 70 for non-members), plus the train tickets, plus the cost of the compass (as already discussed above).

Inscription: please sign up by email to fsamuel@bluewin.ch (maximum 7 participants).

I will tell you the bank details for the payment (or payment with TWINT; please give your name & "Map course").

Confirmation and changes: The course on May 12th will take place regardless of the weather. If the weather is very bad, we will take the train up to St-Cergue. For the May 26th course: If the weather forecast is too bad, this second course will be postponed to SATURDAY June 1st. The days before the outings, I will send an email to give you details.

Nota bene: The hike leader is not a professional guide. By registering, you agree that you are fit for this level of hike and that you carry insurance against accidents and mountain rescue (e.g., REGA). The hike leader and SCIG disclaim any and all liability for accidents related to this hike.

Hike leader and teacher: Françoise SAMUEL fsamuel@bluewin.ch (phone: 079 603 34 93)