

INTERNATIONAL SKI CLUB OF GENEVA (SCIG)

POINTE DE SOUS-DÎNE (FRANCE)- DIFFICILE SUNDAY, 17 MARCH 2024

Sporty snowshoeing to Pointe de Sous-Dîne, near Thorens-Glières, France with 360 views of the Bornes and Aravis ranges & Mont Blanc

Registration: By email to [scott.a.spence\[at\]gmail.com](mailto:scott.a.spence[at]gmail.com)

I need to know:

- *Your full name, email address and mobile phone number*
- *Do you have a car and if yes, how many people can you take, including the driver?*
- *Are you a SCIG member?*
- *Have you joined a similar snowshoe hike (approx. 1000 m gain and loss and approx. 10 km long)? NB: 1000 m on snowshoes is more difficult than 1000 m with hiking boots!!*

To bring: 1 litre of water, picnic, snowshoes (with good boots), microspikes (crampons), wool cap and gloves, warm layers and coat, sunscreen, sunglasses, as well as snowshoe hiking poles

Transport: We will meet at 0800 for an 0815 departure by SCIG van and private cars at the parking lot near the Salle Communale de Chêne-Bougeries, Rte du Vallon 1. The hike leader will drive the SCIG van and take 8 pax. The route is 66 km round trip; each passenger will pay their driver 15 CHF (22 centimes/km). Starting point: Trail head parking: Les Cheneviers, France.

Club fee: CHF 5 for SCIG members and CHF 15 for non-members (Twint preferable in either case)

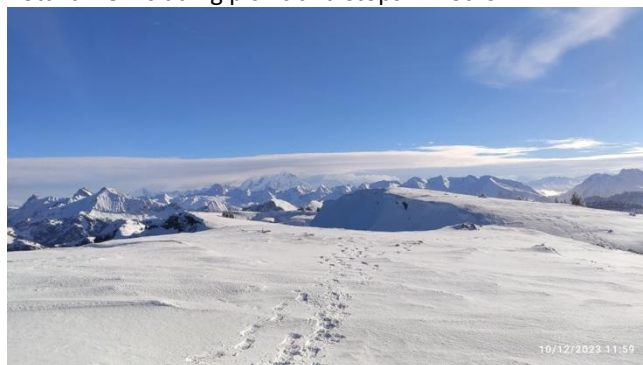
Maximum participation: 15 persons

Leader: Scott Spence

Assistant: Pere Mora Romà

In case of inclement weather: The snowshoe outing will be cancelled in case of inclement weather. I will send a confirmation email the day before the hike.

Hike information: We will hike approximately 10 km (in/out) with a gain and loss of +/- 900 m. Our highest point is 1990 m. There are no exposed areas nor is there avalanche risk but the route can be steep. Those who show up without snowshoes (and hiking boots) will be turned away. If snow coverage is limited in places you may need to carry your snowshoes – ensure in advance that you can properly attach them to your backpack. Micro spikes are also recommended for icy patches. We will have our picnic at the summit. Total time including picnic and stops: 7 hours.



- By registering, you agree that you are fit for this level of snowshoe outing and/or that you have previously participated in a similar outing with SCIG.
- By registering, you confirm that you carry insurance for accidents and mountain rescue, including helicopter rescue operations (see REGA: <https://www.rega.ch/en/>). Check with your employer to see if you are properly insured.
- The hike leader and SCIG disclaim any and all liability for accidents related to this hike.