

INTERNATIONAL SKI CLUB OF GENEVA

CHAMPEX-LAC

SATURDAY 27 AUGUST 2022

14KM ELEVATION GAIN 900M -MEDIUM

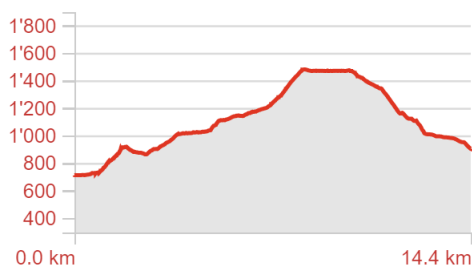
The hike from Sembrancher to Champex -Lac follows the Val d'Entremont a pastoral valley that feels far away from the resort village of Verbier in the adjacent Val de Bagnes.

The trail starts from the train station in Sembrancher and takes us through the village with its wooden buildings and cobble stoned streets. We first climb up to the small chapel of St. Jean before descending to the tiny village of La Garde. After a few hours of steady easy climbing the path becomes a little steeper as we near the resort town of Champex-Lac. We will take a late lunch and spend some time by the lake which awaits those who want to enjoy a refreshing swim or for those not wanting to swim, a relaxing rest under the trees which surround the lake. After lunch we will descend about 500m to the train station in Orsières to catch the train to Sembrancher for the connection to Martigny and Geneva.

<https://map.schweizmobil.ch/?lang=en&photos=yes&logo=yes&detours=yes&season=summer&bgLayer=pk&resolution=11.22&E=2578640&N=1099564&trackId=382288416>

SCIG Champex_Lac 08_27_22

Other ▼
Date 30.07.2022
Length 14.41 km
Ascents/Descents 902 m/711 m
Min/max elev. 710 m/1'479 m
Hiking ▼ 4 h 57 min





Inscription: by email to ctruesdell@hotmail.com before 18:00hrs 26 August. **Hike is limited to 14 people**

I need to know:

- 1) Your first and last name
- 2) An email address you can reached on the weekend
- 3) Your mobile number
- 4) Comparable hikes you have done this season; are you able to walk up and down hills for 5hrs. at normal speed?
- 5) Are you a SCIG member?

To Bring: good boots, hat, picnic lunch, drink, warm coat, rain gear, sunscreen, sunglasses, collapsible poles (optional), swim costume and towel (optional).

Price: Train from Cornavin to Sembracher: ½ price abonnement 25.10 CHF; Return from Orsières: ½ price abonnement 26.60 CHF (**to be bought individually**); plus ski club tax: Members 5 CHF. Non-Members 15 CHF

Rendezvous: Meet at Cornavin to take 8:11 train direction Brig, leaving from PI 6. Change for the 09:49 train to Sembracher in Martigny PI. 50. Caroline will meet the group at the station in Sembracher at 10:05.

Return: Trains from Orsières depart at 20 and 44 mins past the hour.

Leader: Caroline Truesdell ctruesdell@hotmail.com +41 79 290 5068

Walking time: About 5:00 hours **Transport:** train

Confirmation or cancelation of the hike: If the weather is bad, I will cancel before 18:00 Friday evening.

- By registering, you agree that you are fit for this level of hike and/or that you have previously participated in a hike with SCIG.
- By registering, you confirm that you carry insurance against accidents and mountain rescue, in particular helicopter rescue operations. (See REGA: <https://www.rega.ch/en/home.aspx>) Check with your employer to see if you are properly insured. *The Hike Leader and SCIG disclaim any and all liability for accidents related to this hike.*

