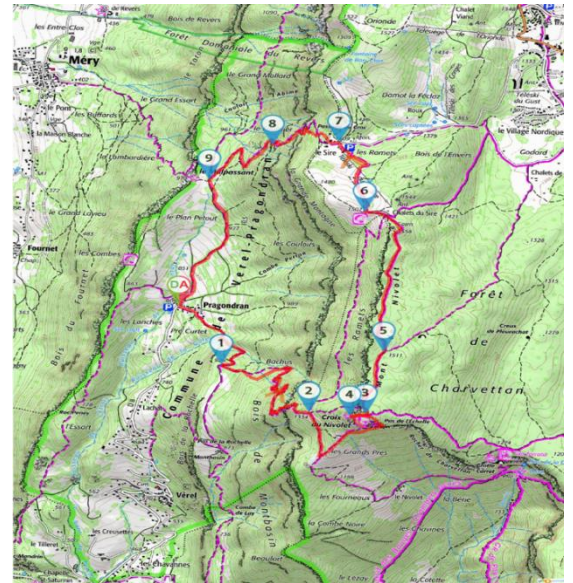


# INTERNATIONAL SKI CLUB OF GENEVA (SCIG)

## LA CROIX DU NIVOLET CHAMBÉRY (SAVOIE), FRANCE – MOYEN+ SATURDAY, 9 JULY 2022

**An essential hike for the locals in Chambéry, this hike on the Dent du Nivolet offers a breath taking 360° panorama of Lac du Bourget, the Chartreuse Massif, Belledonne, Beaufortain and Mont Blanc.**



**Inscription:** By email (only) to [scott.a.spence@gmail.com](mailto:scott.a.spence@gmail.com).

### I need to know:

- Your full name
- An email address you can read on the weekend
- Your mobile phone number
- Can you drive and take passengers?
- *Are you fit enough to walk for 6.5 hours? Have you done a similar hike recently? \**

**To bring:** 1.5 litres of water, picnic, **good** boots, hat, sweater, rain gear, sunscreen, sunglasses, as well as collapsible hiking poles (optional).

### Transport: by car

**Rendezvous:** at 0800 at rue de Varembé

**Price:** CHF 5 club tax plus reimbursement for drivers (drivers are compensated on the basis of 0.15 CHF per km/passenger).

**Maximum participation:** 12 persons

**Leaders:** Scott Spence (mobile: + 1 347 720 4722; email:

[scott.a.spence@gmail.com](mailto:scott.a.spence@gmail.com)) **and** Pere Mora Romà (mobile: 079 942 07 20; email: [peremoraroma@gmail.com](mailto:peremoraroma@gmail.com))

**In case of rain:** The hike will be cancelled in case of bad weather. We will send an email with a decision midday the day before the hike.

**Hike information:** The hike is 11 km with 885 metres of gain and 876 metres of descent. It will take approximately 6.5 hours with stops. There is an exposed section and a couloir with cables, chains and staples; sure-footedness, an ability to hike in mountain terrain and lack of vertigo are a must. *\*Please do not overestimate your ability; any hiker significantly behind the others or who cannot pass the exposed section and couloir will unfortunately be asked to turn around and wait at the trail head (this includes drivers as a courtesy to their passengers). Please email the leaders with questions beforehand!*

<https://www.visorando.com/randonnee-croix-du-nivolet/>

- By registering, you agree that you are fit for this level of hike and/or that you have previously participated in a similar hike with SCIG.
- By registering, you confirm that you carry insurance against accidents and mountain rescue, including helicopter rescue operations. (See REGA: <https://www.rega.ch/en/home.aspx>) Check with your employer to see if you are properly insured. The hike leaders and SCIG disclaim any and all liability for accidents related to this hike.

