



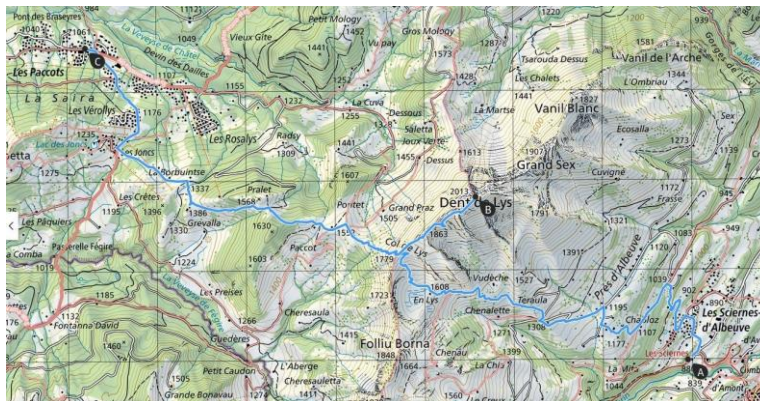
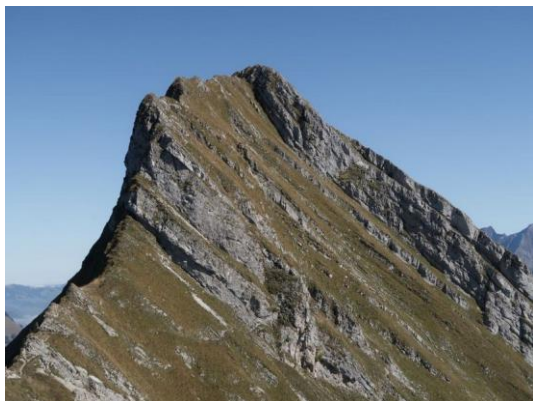
# Dent de Lys

## Sunday 12 June 2022

### difficult (T3+)

The **Dent de Lys (2013m)** together with the Moléson are dominating the Fribourg Pre-Alps. On a clear day it provides fantastic views. We will go by train to **Les Sciernes** and hike to the summit via Col de Lys and end in **Les Paccots**. This is a difficult hike that requires good fitness and has several scrambling sections that require the use of hands (mostly secured by chains). In addition, the final ridge is fairly exposed and requires a sure foot and no fear of heights. The hike is very similar in difficulty to Dent d'Oche.

↗ 1300m ↘ 1100m 15 km 7-8h



## Equipment

- Usual hiking equipment and picnic
- Buy your train ticket before boarding

## Costs

- Train/bus tickets ~30 CHF with demi-tarif
- Ski Club tax: 5 CHF / 15 CHF non-members

## Signup

**Hike leader:** Frank Winklmeier **Email:** [scig@winklmeier.name](mailto:scig@winklmeier.name)

Sign-up via email by **Thursday, 9 June** with the following information:

- Full name and mobile phone number
- Are you a ski club member of the 2022/23 season?

(Membership expires on May 31<sup>st</sup>. If you join now, your membership expires May 31, 2023.)

- What other similar hikes have you done?

*This hike requires stable weather and dry conditions. Final confirmation will be sent on Friday.*

## Meeting point / Transport

**7:30** on the train platform. We take the **7:39 Genève – 9:26 Les Sciernes** (via Montreux). From Les Paccots we will return with the 16:25 or 18:25 bus+train to Geneva (1h40).

## Disclaimer

*By registering, you agree that you are fit for this level of hike and/or that you have previously participated in a similar hike with SCIG. By registering, you confirm that you carry insurance against accidents and mountain rescue, including helicopter rescue operations (e.g. [REGA](#)). Check with your employer to see if you are properly insured. The hike leader and SCIG disclaim any and all liability for accidents related to this hike. The hike leader is not a professional guide.*