

INTERNATIONAL SKI CLUB OF GENEVA

MOUNTAIN FIRST AID TRAINING

2026 SATURDAY MAY 30TH – 9:00-17:00

Dr. Michelle Wright from HealthFirst will lead a first aid course in English.

Dr. Wright has led this course previously for the SCIG and received very good reviews.

Inscription: Please sign up by email at bill_larson@bluewin.ch, as soon as possible. **There are only 12 spots, and till April 12th, it is reserved for hike leaders.** After that date, we will open this course also to non-leaders.

Price: Free for SCIG outing leaders or SCIG ski instructors or SCIG members who commit to leading at least one hike in 2026, 25 CHF for other SCIG members, 50 CHF for SCIG non-members.

For the sign-up to be effective, please pay to William Larson IBAN:CH65 0027 9279 C710 9135 0 or preferably TWINT 079 373 4686; **please include your NAME and "First Aid".**

This course is underwritten by the ski club. Otherwise the price per person would be 250 CHF. Persons who inscribe, but do not attend will be charged 250 CHF for the course.

Rendezvous: Time: 8:50 for a 9:00 sharp start **Place:** Pope John Parish rue Montbrillant 57, Geneva

SCIG committee member in charge on the spot: Françoise Samuel, fsamuel@bluewin.ch, 079 603 3493

Who is this course suitable for? Any person who regularly spends time in the mountains in any capacity including skiing, boarding, touring, snowshoeing, climbing, cycling, or hiking and who is interested in learning new skills or refreshing old ones. There is no requirement to have undertaken any other training in First Aid before attending this course.

Maximum participation: 12 persons

Course duration: Module 1: Basic Life Support and Basic Skills - 3½ hours
Module 2: First Aid in the Mountains - 3½ hours

Both modules of the course should be completed (morning & afternoon of May 30).

Lunch: The course will restart one hour sharp after the break starts. So bring a picnic, as there is no time for going to a restaurant.

Certification: Successful candidates will receive a HealthFirst certificate of Attendance in CPR and First Aid in the Mountains. This is valid for 2 years.

