

INTERNATIONAL SKI CLUB OF GENEVA (SCIG)

LES AVANTS – COL DE JAMAN – ROCHERS DE NAYÉ *SATURDAY, 23 OCTOBER 2021 – DIFFICULT*

Through pasture lands we ascend to the Col de Jaman. We follow the ridge line with views of the Dent de Jaman and pass various mountain chalets before ascending to the famous Rocher de Naye towering above Montreux where we enjoy spectacular views over the entire region

Inscription: Thursday, October 21, 6pm or before by email to Matthias.rittmeier@live.com

Please send with your email:

- *Your full name*
- *Email/Mobile Phone number*
- *Confirmation that you can hike for 5 hours and have appropriate gear*

To bring: min 1.5l of water, lunch, cash, boots, hat, various layers, sunglasses and sun cream and walking poles (if desired), mask

Transport: by train from Geneva train station. Train to Montreux and Les Avants .Return journey with train from Rocher de Naye back to Geneva. Please follow Covid-19 Guidelines on Public Transport. All participants are responsible for their own train tickets.

Rendezvous: at 8am on Platform 6 at Geneva Cornavin station. Please buy your own tickets to Les Avants before the journey. Departure at 8.11 with IR-90 to Montreux in last carriage 2nd class. The train will take around 1 hour 30 minutes. We will not wait for anyone missing the train.

Price: CHF 5 club tax (members), CHF 15 (non-members) plus train tickets to be purchased individually

Maximum participation : 20 persons + leader

Maximum altitude : 2040m

Elevation gain: 1290m

Elevation loss: 200 m

Distance: ca. 10 km

Walking time: About 4.5 hours

Leader: Matthias Rittmeier

Phone: 076 288 2393

Email: Matthias.rittmeier@live.com

In case of rain: The hike will be cancelled in case of bad weather. Matthias will send an email with a decision the evening before the hike.

Return: by train, aiming to be back in Geneva for around 6.30pm

